### **DID YOU KNOW?**

Rape and sexual assault happens to females and males of all ages, from infancy to the senior years.

98% of males who have raped boys reported they are heterosexual. Most males who assault men or women are married or report having girlfriends.

A survivor is not at fault for the rape, even if she/he was in a secluded area, or had previous consensual sex with the attacker.

The fact a male victim of sexual assault became sexually aroused or even ejaculated does not mean that they were not raped or that they gave consent. These are normal, involuntary, physiological reactions.

It is common for survivors of sexual assault to have feelings of embarrassment, anger, guilt, panic, depression, and fear even several years after the attack. Other common reactions include loss of appetite, nausea or stomachaches, headaches, loss of memory and/or trouble concentrating and changes in sleep patterns.

# TOGETHER WE CAN MAKE A DIFFERENCE

# FACTS FOR THE INMATES THAT SEXUALLY ASSAULT OTHER INMATES:

You will be issued a conduct report. If found guilty, sanctions will be harsh. In addition, your supervision and housing level will be reviewed and likely increase, which could mean a transfer to a higher security prison or unit with significantly less freedom of movement and limited privileges. If you have family, how will this affect their ability to visit you?

All cases of sexual assault are also referred to the Pennsylvania State Police for criminal investigation. You may be prosecuted and if found guilty any additional prison time will be added to any sentence imposed by Pennsylvania State law.

Consider that regardless of how you choose to characterize it, sex with a member of the same sex is a homosexual act. And these acts significantly increase your risk of HIV infections, along with exposing you to other sexually transmitted diseases.

If you have trouble controlling your actions seek help from the facility counselors and/or consider participating in programs offered at the Crawford County Correctional Facility to help control your actions. Writing a letter, breathing exercises or engaging in some type of exercise could help with control.

# Sexue Sexue Sexues Assertes

# Crawford County Correctional Facility

2100 Independence Drive Saegertown, PA 16433

Tim L. Lewis, Warden Kenneth D. Saulsbery, Deputy Warden

### SEXUAL ASSAULT

### **SEXUAL ASSAULT :**

Any touching or contact which is nonconsensual, forced or coerced in any manner, including but not limited to rape, sodomy, or unlawful touching as defined by the State Statutes.

Sexual assault affects everyone, either directly or through the experiences of those we care about. It is not only a women's issue as it can affect persons of any gender, age, race, ethnic group, socioeconomic status, sexual orientation, or disability.

### The statistics are proof of this problem:

According to the National Crime Victimization Survey (NCVS), in 2002 there were 247,730 victims of rape (This number does not include victims 12 or younger), seven out of every eight rape victims were female, and one in every eight rape victims were male. A 1998 study indicates that about 2.78 million American men have experienced an attempted or completed rape and one out of every six American women have experienced an attempted or completed rape.

# <u>BE STRONG</u> DON'T BE A VICTIM



### **RAPE AVOIDANCE**

The only way rape can be prevented is when a potential rapist chooses NOT to rape. However, you may avoid an attack by keeping the following safety guidelines in mind:

Be aware of situations that make you feel uncomfortable. Trust your instincts. If it feels wrong, **LEAVE.** 

Don't let your manners get in the way of keeping yourself safe. Don't be afraid to say **"NO"** or **"STOP IT NOW"** 



Walk and stand with confi-Many rapist choose victims who look like they won't fight back or are emotionally weak.

Avoid talking about sex, and casual nudity. These things may be considered a come on, or make another inmate believe that you have an interest in a sexual relationship.

Do not accept commissary items or other gifts from another inmate. Placing yourself in debt to another inmate can lead to the expectation of repaying the debt with sexual favors.

Avoid secluded areas. Position yourself in plain view of correctional facility staff. If you are being pressured for sex, report it to someone immediately.

# WHAT TO DO IF YOU ARE SEXUALLY ASSAULTED

If the attack has just happened....

### Get to a safe place. **REPORT THE**

### ATTACK TO A STAFF MEMBER

**IMMEDIATELY.** The longer you wait to report the attack the more difficult it is to obtain the evidence necessary for a criminal investigation.

Request immediate medical attention. You may have serious injuries that you are not aware of, and any sexual contact can expose you to sexually transmitted diseases.

Do not shower, brush your teeth, use the restroom, or change your clothes. You may destroy important evidence.

### Later on....

Seek the support of a trusted friend, family



member, such as a Chaplin or a counselor. The days ahead can be traumatic and it helps to have people who care about you supporting you.

Seek professional help. Mental Health staff is available for crisis care 365 days a year, to listen and offer support.